



*The Breast Form Store*

USA & Canada **1.877.634.7495**

THEBREASTFORMSTORE.COM

# *double-sided tapes*

REUSABLE • SKIN SAFE

## *Attaching breast forms*

1. Your skin must be as clean and as clean shaven as possible. Bathe using a white anti-bacterial soap, such as Lever 2000 or Dial. Do not use any moisturizers, lotions, deodorants or anti-perspirants on your skin where you plan to attach your breast forms.
2. Wipe your skin with a **SkinTac™ Wipe** for better adhesion. You may also using a rubbing alcohol to ensure that your skin is clean before using **SkinTac™ Wipes**.
3. Place one tape at the top of the breast form. Depending on the size of your breast form, place a second piece on each side of the breast form (in the upper half). Avoid placing any tapes at the bottom of your breast form. You may need to use three or four tapes for larger forms.
4. Position the breast forms on the body and attach using gentle pressure. Use with bra for the first 15 to 30 minutes to improve the hold.

**IMPORTANT:** Discontinue use immediately if skin irritation occurs.

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## *Reusing Double-Sided Tapes*

After removing breast forms from chest, wipe tapes with **SkinTac™ Wipes**. Allow to “tack up” and the tapes are now reusable. This step can be repeated until tapes are no longer sticky.

## *Removing the tapes*

Carefully remove breast forms from your chest. It is best to slip your fingers between your chest and forms to slowly ease the forms off. Use caution when removing tapes from breast forms, as they can damage easily. Be careful that you do not tear the back of your forms or puncture them with a fingernail.

## *Tips & Tricks*

- You can trim double-sided tapes to fit.
- After using **SkinTac™ Wipes**, store the wipe in a re-sealable plastic bag. When the wipe is dry, refresh with a few drops of rubbing alcohol.
- Use baby oil to help assist in the removal of the double sided tapes from your breast forms.
- Let a few layers of tape build upon form before removing only the top layers.

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